



DIVA News

www.divafoundation.org

The DIVA Foundation

Healthy Women... Healthy World

Doctor Brings Dignity to Dying Patients DIVA Citation to Honour Dr. Louise Coulombe

Home is heaven. Thanks to the groundbreaking work of Dr. Louise Coulombe. Patients receiving palliative care in Ottawa now have the chance to live out their lives in the comfort of their own homes.

It was almost fifteen years ago when Dr. Coulombe started the Community Palliative Care Network (CPCN), in response to one of her dying patients.

“Doctor, I would have lived at home until I died if I had had a

doctor who would come to my home to care for me.”

Today, six physicians provide clinic coverage, 7 days a week, for up to 150 patients at a time.

CPCN, under the guidance of Dr. Coulombe, works closely with family physicians who wish to provide care to patients receiving palliative care. Additionally, CPCN provides palliative training for community nursing and personal support worker agencies.

In the past year, CPCN has cared for more than 450 patients.



Dr. Louise Coulombe

The DIVA Citation recognizes individuals and organizations that provide extraordinary humanitarian help, care, and services to individuals, families, groups, or communities or who support humanitarian causes.

Dr. Coulombe received the DIVA Citation at a luncheon at the National Arts Centre, on Thursday 14th May, 2009.

Meagan McGrath - Adventurer DIVA of Distinction

In November 2009, Meagan McGrath plans a leave of absence from her job at DND. While away, she will solo-ski 1130 kilometers to the South Pole, 60 days in the harshest environment on earth.

After a brief recovery she will launch her “Mountain Magic” expedition, climbing five of the world’s tallest mountains unguided and without oxygen.

Why does she do it? (contd on page 2)

Autumn, 2009

Thank You Luncheon

Sponsors!

Rx&D

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The OutCare Foundation

Photos for Life

CNW Group

Le Droit

“To cure sometimes, to relieve often, to comfort always -- this is our work. This is the first and great commandment. And the second is like unto it - Thou shalt treat thy patient as thou wouldst thyself be treated.”

Anonymous - Found in the John Hopkins Postdoctoral Survival Handbook

DIVA Foundation

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Retired and Always Remembered

DIVA Co-Founder Sylvie Lauzon Steps Down

Sylvie Lauzon is an entrepreneur, volunteer, successful business-woman and tireless advocate of women's health.

Juggling business and family never stopped Sylvie from devoting time to the ongoing DIVA mission of Healthy Women... Healthy World.

Sylvie was there when DIVA was founded in 1997. Her business acumen guided DIVA through the

"My time with DIVA was often emotional, always interesting, and forever rewarding." Sylvie Lauzon

many challenges involved in setting up and running a registered Canadian charity.

"I received more than I ever gave." says Sylvie. "DIVA has an important role to play in the health of Canadian women and all women for that matter."

During her 13 consecutive years on the board, Sylvie witnessed the evolution of the DIVA Foundation.

"We took a methodical approach to growth and looking back it was the right thing to do. The checks and balances in place at DIVA have

Meagan McGrath...continued

Meagan hopes to be an inspiration to others, especially women and girls. She believes that all of life's challenges can be tackled, as long as you commit to that first step. Smaller steps help you to achieve goals that might seem impossible.

given us a strong voice in the community and a real chance to make everlasting changes in the health and well-being of women everywhere."

Sylvie leaves DIVA knowing it is in good hands. "The board today is a cross-section of successful women. Each of them bringing a different skill to the table. Like all women, they have the ability to come together, roll up their sleeves, and get the work done. Future generations will benefit from their hard work. I will always be part of DIVA and I will continue to advocate Healthy Women... Healthy World."

Allyne Thomson, a fellow founding member of DIVA and current board member, has high praise for Sylvie: "She is committed to women's health and quality of life. Sylvie has been a mentor to DIVA since day one and her strong leadership skills and business acumen will have an everlasting impact on

"The special genius of women I believe to be electrical in movement, intuitive in function, spiritual in tendency"

Margaret Fuller



Sylvie Lauzon

DIVA as we move forward. She will be missed."

Someone once said; "Those who can, do. Those who can do more, volunteer."

Sylvie Lauzon is the ultimate volunteer; cheerful, brilliant, a sharp eye on the bottom line, and a soft heart for the greater good.

Good Luck Sylvie!

When you've determined your path, stick to it and adjust as you go. Meagan manages to keep the delicate balance between work and play, but admits she "works to play."

DIVA congratulates Meagan and wishes her well on her journey.

**visit www.divafoundation.org to watch an interview with Meagan.



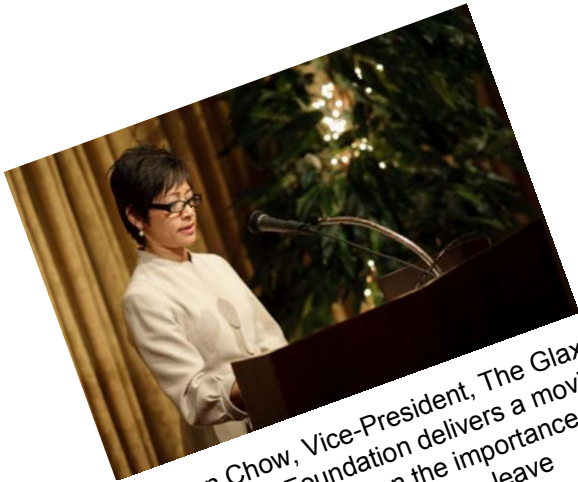
Meagan McGrath



Grace Betts, President and Chair, DIVA Foundation presents Dr. Louise Coulombe with the DIVA Citation for her extraordinary humanitarian help, care, and services in the area of palliative care



More than 250 guests attended the luncheon



Karen Chow, Vice-President, The Glaxo SmithKline Foundation delivers a moving keynote address on the importance of compassionate care leave



The DIVA Foundation Board of Directors with Dr. Louise Coulombe (l-r: Darlene Wilson, Monique Boudrias, Allyne Thomson, Dr. Louise Coulombe, Grace Betts, Dr. Emma Stodel)



Dr. Louise Coulombe shares the day with family and friends

Photos courtesy of www.photosforlife.ca

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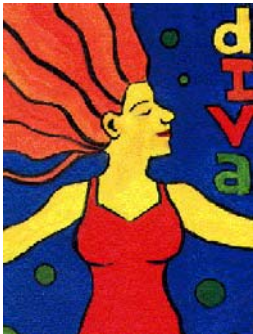
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Charitable Reg #
86873-6091 RR0001



**Healthy Women...
Healthy World**

First Name Last Name

Address

City Prov Postal Code

Tel

Email

Your gift helps the long-term vision of creating healthy women and a healthy world. DIVA is a volunteer organization and the money you give goes directly into education, research, and care for current and future generations of women across Canada and around the world.

Please process my gift as follows:

\$50 \$75 \$100

Other \$ _____

Cheque

Visa

MasterCard

Card #: _____

Expiry
Date: _____

Name on
Card: _____

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The DIVA Foundation, founded in 1997, is a national not-for-profit charitable organization dedicated to advancing, rewarding, and celebrating achievements that improve the health and well-being of women.

A MESSAGE FROM GRACE BETTS
CHAIR AND PRESIDENT



Last winter, my son was in a horrific ski accident. His injuries were similar to a high-speed crash. I was scared.

Like all families would, we rallied around him. We knew we would find the best health care team to take care of him, and we did, right here in Ottawa.

Today, after major surgery, he is doing fine. On his way to a full recovery. Thank you Ottawa Hospital!

DIVA is much like the support group that rallied around my son and our family.

It is through the support of our donors, volunteers, sponsors and a very active board that we are able to fulfill our vision of "Healthy Women... Healthy World."

I would like to thank everyone

who supports DIVA. You give us the special opportunity to support women's health today and tomorrow.

I would also like to thank the Canadian Hospice Palliative Care Association for their support, partnership, and work they do in our community.

GRACE